

Game Etiquette

I know where each player should be standing at any time in the game.

Coach _____

I start and finish each game with a handshake.

Coach _____

I've played eight ends (not necessarily in the same day) and was always in the right spot, and not distracting the other team.

Coach _____

When I'm coming back down the ice, I walk/slide along the sides of the sheet, not the centre

Coach _____

Little Rock

Curling



Level 3

Curler:

Hitting the Broom

I can slide out along the centre line.

Coach _____

When someone is holding a broom at the near end, I can slide out and the rock and my foot will both hit the broom. Done four times with the broom in various places.

Coach _____

When someone is holding a broom at the far end, I can slide out and release the rock on the broom. Done four times with the broom in various places.

Coach _____

I can tell if I've hit the broom.

Coach _____

Delivering the Rock

I can throw an outturn and the rock will have 3-4 rotations down the ice. Must be done four times.

Coach _____

I can throw an inturn and the rock will have 3-4 rotations down the ice. Must be done four times.

Coach _____

I start my rocks with the handle at either 2 o'clock or 10 o'clock, and release with the handle at 12 o'clock.

Coach _____

When my delivery is over, my arm is in the handshake position.

Coach _____